

The Day Nursery



## Prospectus

Providing Excellent Childcare from 3 Months to 5 Years



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# The Day Nursery



Proprietors: Mr R A and Mrs G M Mitchell

Address: The Day Nursery  
Church Road  
Rawreth  
Wickford  
Essex  
SS11 8SH

Telephone: 01268 769522

Email: [admin@thedaynursery.org.uk](mailto:admin@thedaynursery.org.uk)  
Website: [www.thedaynursery.org.uk](http://www.thedaynursery.org.uk)

### Our Location:



## OUR SETTING

The Day Nursery was originally St Nicholas Primary School from 1873 until 2006. These premises are ideal for a Day Nursery where the grounds and the rooms are resourced for the different stages of a child's development.

We are a member of the National Day Nursery Association (NDNA).

The grounds are an integral part of every child's day. All babies and children experience the outside area throughout the day every day unless it is absolutely pouring! However on wet days children can still engage in outdoor activities such as the ever popular puddle jumping and listening to the rain beat on our umbrellas as well as utilising the two large shelters and our lovely covered area outside the pre-school.

We're very proud to be able to offer our children a separate dining room. It is air conditioned so not too warm in the summer months. We stagger the dining times to maintain a lovely calm dining experience. The children eat their breakfast, lunch and tea here daily. Unless of course a lovely picnic has been planned to eat outside in the gorgeous grounds!

**All of the rooms and outside areas are monitored by Closed Circuit Television (CCTV)**

## THE BABY UNIT

The Baby Unit is housed in a demountable building adjacent to the Dining Room. It has been designed to accommodate our very youngest children and has been resourced accordingly. The room is air conditioned to provide a constant temperature even in our hottest months. It has its own sleep room furnished with a twinkly ceiling to encourage restful sleep throughout the day. However, lots of small children choose to curl up on a mat for a sleep throughout the day and that's ok too. The children eat their snacks and meals here. As soon as they are confident they can join the rest of the nursery to enjoy their meals in the Dining Room. They have free access to the outside areas and can even take a ride in our bus around the extensive playground.

We ask you to provide nappies, measured formula/ expressed milk along with bottles and a drinking cup. For your child's continued comfort we ask that you provide us with a change of clothes as well as outdoor wear according to the season. We provide all round care of your child including dental hygiene so a toothbrush clearly labelled with some age appropriate toothpaste is essential even if your child only has two teeth! We need to follow a programme to which the child is accustomed and will liaise closely with families to ensure familiarity of routine.

Singing games and Nursery Rhymes are planned into the day. We are so lucky to have a music specialist come into nursery once a week to work with children. Staff repeat her session throughout the week so everyone gets to benefit.

The outside area for our youngest children is away from the busy playground. There are blankets for the babies to crawl on and age appropriate equipment to enjoy.



## THE TRANSITION ROOM

We are so fortunate to have a spare room at TDN. It's uses are varied and flexible. It can be equipped to provide a stepping stone between babies and toddlers or to offer a slightly different experience for our older children who are preparing to move into Big School.



## THE HALL

The Hall is a large room with opportunities for many different types of play. The children's work is proudly displayed on the walls. There are comfortable camp beds provided for those who have a nap during the day. There is a small room attached where there is hand washing facilities, teeth brushing and a nappy changing area. Potties and a toilet with a specialised seat are provided across the corridor for those who are training. We recognise the need for toddlers to become more independent. The room is well equipped with resources for quiet as well as physical play. There is messy play as well as creative activities. The emphasis is on learning through play. The children have access to the extensive outside play area where they are able to play on the bikes, cars or enjoy the gardens. There are opportunities to dig, splash in puddles or to sit and watch! A well planned fun filled day is our aim for our toddlers. Welly boots are a must.

Sharing books, stories, music, nursery rhymes and action rhymes are also part of the day.

With discussion with families we will undertake potty training.

In this room nappies and a change of clothes will be required. During potty training more than one spare pair of pants please!!

Children follow a conventional meal programme in this room. Staff will have records of dietary requirements. Please let us know in writing of any changes in your child's dietary requirements.







## THE PRE-SCHOOL

This room provides for our oldest children's development with particular emphasis on providing them with the tools they'll need when they start school. For example, the children learn how to fasten their own coat, put wellies on and even begin to practise writing their name. They will be given experience of early reading skills and of course listen to and talk about a wide selection of books and stories. We encourage children to take books home to share with their parents and we love it when they bring them back and are eager to chat about the story too. They will be involved in some food preparation with lots of opportunities to taste new foods. We are very keen that children know where their food comes from and the children are actively encouraged to become involved with planting and maintaining our wonderful vegetable garden.

Children in this room are beginning to be prepared for school as appropriate. They are encouraged to engage in more group activities. Stories are told or read to groups but the opportunity for a child to snuggle up with a grown up on their own to enjoy a favourite story is still given.

The Early Years Foundation Stage curriculum is used for planning play based activities. Children begin to recognise their own names and will be able to take ownership of their property.

There is full access to the outside. A variety of wheeled toys are available to experience. The extensive grounds offer the opportunity to engage in endless outdoor activities ranging from playing in the water to tending the vegetable garden, going on a bear hunt or simply laying on the grass to watch the clouds roll by. There are lots and lots of beautiful outside equipment to enjoy, from climbing to sliding or playing the chimes. There is access to the gardens too and wellies are a must.

Children are now more readily making choices for their own activities. Children's ideas for future play activities are welcomed and planned around.

Staff engage children with practical problem solving to develop their thinking skills. Children are encouraged to interact with the younger children, for example, putting on a little show for the younger children etc.

Children are encouraged to take responsibility for their own hygiene, washing hands and using the toilet independently.

Children follow a conventional meal programme in this room. Staff will have records of dietary requirements. Please let us know in writing of any changes in your child's dietary requirements.



## EXTRAS

Our pre-schoolers are visited annually, sometimes more, by 'Zoolab' who bring along all sorts of interesting creatures for the children to experience, closely supervised of course!

Our wonderful Katie from Mini Stars, comes along weekly with her fantastic array of musical instruments and music fills the whole nursery.

Our other weekly visitor is our football coach who hones our children's ball skills.

Our final weekly visitor is Grace our dance lady, the children love to take part and learn new moves.

Several times throughout the year, Gary the photographer pops along. He is very enthusiastic and gets the best shots of the children with many different themed back grounds.

We couldn't guarantee it, but if we manage to stay good ALL year a certain FC finds time to pay us a visit during our Christmas Party. He has been known to leave an early present for our children too.

## KEEPING IN TOUCH

The Day Nursery sends electronic daily updates of children activities by an APP to your smart phone or android. For further details please enquire at The Day Nursery office. Updates are sent directly to parents/carers mobiles throughout the day. These provide information on what they've eaten, sleep time if any and activities. The practitioners' feedback verbally on the day's activities when you collect your child at the end of their session. This is also a great opportunity for parent to form relationships with staff and key workers.

Children's progress is tracked electronically and recorded in their individual learning journeys and linked specifically to the Development Matters Statements. Parent/carers are issued with an individual log in so can review at their leisure. We would love it if you added photos and comments of your own.

Further details of the Early Years Foundation Stage are on the next page. The emphasis is that learning is fun and stimulating.

The setting is perfect to meet individual children's needs with activities to stimulate their interest.







# PROPRIETORS



Proprietors Ray and Glenda Mitchell.

Ray has been instrumental in creating a safe and professional environment for all users of The Day Nursery along with keeping us up to date with the latest technology.

His interest in all things technical has transformed us into a forward thinking high tech nursery. His early work on biometric systems as far back as the 1990's has given him an insight into the safety potential for The Day Nursery.

He is keen and passionate that technology works for us and has driven the use of the electronic format for monitoring your children's progress which has proved to be very popular with both staff and parents alike.

Glenda has a B.Ed Hons. NPQH She was deputy Head in an Infant and Nursery School. Her experience in teaching throughout these age ranges stimulated her interest in opening The Day Nursery.

She is usually on site and working in the Nursery. Her passion, enthusiasm and energy for the education of very young children is infectious and she ensures that every day positive experiences happen throughout the setting.

Staff are selected by their qualifications and their suitability to be with very young children, their families and of course to fit The Day Nursery team.

# YOUR TEAM

Staff follow training programmes which are adjusted to their professional development review.

All staff undergo Disclosure and Barring Service (DBS) checks. Staff promote effective health and hygiene routines and all hold Basic Food Hygiene and Preparation Certificates. There are always a minimum of two staff members at the setting with current Paediatric First Aid Certificates, although many more staff hold this training.

All staff follow The Early Years Foundation Stage (EYFS) curriculum. Activities are planned to suit individual needs, interests and are guided by the EYFS.

Children's progress is tracked and recorded in their individual learning journeys and linked specifically to the Development Matters Statements.



**Jess Head** -Catering Manager and Deputy Nursery Manager



**Shanie Bruce** - Nursery Manager



**Jenna Whitcomb** - Company Manager



## EQUAL OPPORTUNITIES

All children, visitors and users of The Day Nursery are unique individuals and will be valued as such. Planning will give access to both girls and boys. Equality of opportunity is important to the setting.

## SEN (Special Educational Needs)

At The Day Nursery we are committed to working in partnership with parents in order to meet their child's individual needs.

## HEALTH AND SAFETY

Most members of staff have up to date paediatric first aid training. All staff are trained and hold Certificates in Food Safety and Handling.

## FAQs

### Can all the costs be met when my child receives FEEE Funding?

We believe that The Day Nursery setting adds considerable value to your child's early education for which an addition cost is added. The funding can be used toward the cost.

All three year olds become entitled to this funding the term FOLLOWING their third birthday

There are certain criteria necessary to achieve thirty hour funding. Please seek assistance with this at our administration office.

### Can I leave my child's belongings at the nursery?

We ask that you pack enough nappies for each day and replenish their bags for each session, as we are quite short for storage.

We also ask that all of the children's belongings are labelled including their drink cup which will be sent home each day.



## EARLY YEARS FOUNDATION STAGE (EYFS)

### Personal, Social and Emotional Development

We will provide children with experiences that support their emotional wellbeing, helping them to know themselves and what they can do. The importance of building relationships with adults and children will be paramount to our setting. Role models will be praised for promoting good behaviour. Children will know how behaviour can affect others around them. Planning will include stories, dressing up, meal times and social occasions.

### Communication and Language

We aim to promote confident speakers who engage easily in conversation. Discussion will take place daily with individuals and groups. Children will be given real life problems to solve to develop their thinking skills. Daily story times will take place to encourage sitting and listening as part of a group, afterwards a discussion will take place about the story for children to recall parts of the story they liked best. We give children many opportunities to role play to build upon their and extend their language and experiences.

### Literacy

Stories, rhymes and nonfiction books will be enjoyed daily. There will be opportunities for mark making and practice writing' for a variety of purposes. Children's fine motor skills will be developed through cutting, sticking, painting, dough etc. There will be opportunities to recognise their own names and letters. Opportunities for this will arrive naturally through play.

### Mathematics

Early mathematical experiences will be developed through practical problem solving activities. E.g. who has the heaviest bear? Or the most animals? There will be many counting opportunities during play, rhyme times, story times. Children will be encouraged to take part in sharing at snack time and mathematical terms will be used to help their thinking. Games will be played to encourage the concept of 'one more'. Opportunities for pattern making, shape recognition and comparisons will be part of everyday planning.

### Understanding the World

Children will learn about the natural world and features of their environment using exploratory skills, direct observation and investigation. There are magnets, magnifying pots, construction toys to have children question how and why things work. The Nursery setting has historical photographs of children who came to the school. The church in the adjoining garden encourage discussions. The children will have the opportunity to grow vegetables and flowers in the garden.

### Physical Development

There will be ample opportunities for movement, climbing and balancing both outside and inside. Plans will ensure that skills are developed on small and large equipment.

There will be opportunities to develop ball skills, catching, throwing and kicking. Fine motor skills will be developed with appropriate equipment.

Children will be encouraged to talk about being healthy. They will be given healthy food choices.

### Expressive Arts and Design

Children will be moving to music and will be able to explore their feelings during these sessions. There will be art through paint, chalks and crayons. Imaginative and role play activities will help children to express their feelings and to make sense of the 'real world'.





## MEALS AT THE DAY NURSERY

Meals are freshly prepared and delivered directly to our fridge by The Professional Nursery Kitchen.

The menus shown below are a typical selection of The Day Nursery Winter menus.

Children are encouraged to drink water throughout the day and more especially during hot spells. Help us to keep your child's teeth free from decay by encouraging them to drink water only please.

### Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast 1</b>	Sultana & Raisin Slice	Strawberry Yogurt	Brioche Rolls	Mango Yoghurt	Apricot Slice
<b>Breakfast 2</b>	Whole Fruit & Cereal	Whole Fruit & Cereal	Whole Fruit & Cereal	Whole Fruit & Cereal	Whole Fruit & Cereal
<b>Snack(s)</b>	Rice Cakes / Cheese Sticks	Corn Cakes / Pears	Grissini Sticks / Blackcurrant Yoghurt	Pitta Bread / Galia Melon	Rice Cakes / Orange Segments
<b>Special Diet Snack</b>	Apples	Diced Pineapple	Cucumber Sticks	Bananas	Carrot Sticks
<b>Lunch 1</b>	Cottage Pie (AF)	Mild Turkey Tikka (AF)	Mediterranean Fish Pasta	Roast Chicken with Roast Potatoes (SO <sub>2</sub> )	Beef Chilli (AF)
<b>Lunch 2</b>	Vegetarian Cottage Pie (AF)	Mild Quorn Tikka	Pineapple Chicken (AF)	Vegetable Roast	Bean Chilli With Sweet Potatoes
<b>Special Diet Lunch</b>	Cauliflower & Coconut Curry (AF) / Butternut Squash & Butter Bean Stew (AF)	Bean Cassoulet (AF) / Ratatouille with Gluten Free Pasta (AF)	Pineapple Quinoa (AF) / Bean Hash (AF)	Madras Potato Curry (AF) / Vegetable Chilli (AF)	Vegetable Casserole (AF) / Homemade Baked Beans with Mini Jackets (SO <sub>2</sub> )
<b>Side Dish</b>	Broccoli	Rice	Sweetcorn	Peas	Rice / Tortilla
<b>Dessert</b>	Orange & Sultana Cake	Apple Crumble	Banana & Pineapple Cake	Rice Pudding	Strawberry Yoghurt
<b>Special Diet Dessert</b>	Melon Slices	Braised Apples	Bananas	Poached Pear	Poached Peaches
<b>Afternoon Tea</b>	Mini Jackets with Sweet Chicken (AF)	Cheesy Peasy Pasta	Scandinavian Beef Hash (SO <sub>2</sub> )	Pork Casserole (SO <sub>2</sub> )	Jacket Potato & Filler Selection

Please note, (AF): 14 Main Allergen Free ; (SO<sub>2</sub>): Sulphur Dioxide and Sulphites only, no other 13 allergens - This menu plan is for reference only, please always consult the pack label and allergen data website

### Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast 1</b>	Blackcurrant Yoghurt	Brioche Rolls	Raisin Oat Bar	Apricot Oat Bar	Strawberry Yoghurt
<b>Breakfast 2</b>	Whole Fruit & Cereal	Whole Fruit & Cereal	Whole Fruit & Cereal	Whole Fruit & Cereal	Whole Fruit & Cereal
<b>Snack(s)</b>	Garlic & Coriander Naan / Melon Slices	Cheese Sticks / Pitta Bread	Rice Cakes / Watermelon Slices	Blackcurrant Yoghurt / Pineapple Slices	Corn Cakes / Galia Melon
<b>Special Diet Snack</b>	Bananas	Apples	Banana	Carrot Sticks	Cucumber Sticks
<b>Lunch 1</b>	Chicken Casserole	Pasta Bolognese	Roast Turkey with Roast Potatoes (SO <sub>2</sub> )	Beef Casserole (AF)	Ocean Bake
<b>Lunch 2</b>	Vegetable Casserole (AF)	Quorn Bolognese	Vegetable Roast (SO <sub>2</sub> )	Potato Bake (SO <sub>2</sub> )	Cajun Chicken (AF)
<b>Special Diet Lunch</b>	Potato Bake (SO <sub>2</sub> ) / GF Pasta Red Pepper & Butternut Squash Sauce (AF)	Jacket Potato with Cauliflower & Broccoli (AF) / Butternut Squash & Butterbean Stew (AF)	Homemade Baked Beans with Mini Jackets (SO <sub>2</sub> ) / Madras Potato Curry (AF)	Vegetable Casserole (AF) / Ratatouille with Gluten Free Pasta (AF)	Cajun Vegetables (SO <sub>2</sub> ) / Jacket Potato with Cauliflower & Broccoli (AF)
<b>Side Dish</b>	Mixed Vegetables	Broccoli	Carrots	Peas	Sweetcorn / Couscous
<b>Dessert</b>	Apple & Cinnamon Cake	Rice Pudding	Mango Yoghurt	Apple Crumble	Orange & Sultana Cake
<b>Special Diet Dessert</b>	Poached Peaches	Pineapple Slices	Poached Pears with Sultana	Braised Apples	Bananas
<b>Afternoon Tea</b>	Mild Thai Turkey Curry (SO <sub>2</sub> )	Brazilian Chicken (AF)	Build Your Own Sandwiches	Chicken & Pea Pasta	Whole Grain Tomato Pasta with Cheese

### Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast 1</b>	Sultana & Raisin Slice	Apricot Slice	Blackcurrant Yoghurt	Brioche Rolls	Mango Yoghurt
<b>Breakfast 2</b>	Whole Fruit & Cereal	Whole Fruit & Cereal	Whole Fruit & Cereal	Whole Fruit & Cereal	Whole Fruit & Cereal
<b>Snack(s)</b>	Grissini Sticks / Pineapple Slices	Strawberry Yoghurt / Naan Bread	Corn Cakes / Orange Segments	Cheese Sticks / Water Melon	Pitta Bread / Galia Melon
<b>Special Diet Snack</b>	Bananas	Melon Slices	Carrot Sticks	Cucumber Sticks	Pear
<b>Lunch 1</b>	Roast Beef with Roast Potatoes (SO <sub>2</sub> )	Tradition Fish Pie	Chicken Pie	Shepherd's Pie (AF)	Lemon Chicken with Orzo
<b>Lunch 2</b>	Vegetable Roast (SO <sub>2</sub> )	Mild Turkey Tikka (AF)	Vegetable Pie	Vegetable Couscous	Vegetable Orzo
<b>Special Diet Lunch</b>	Madras Potato Curry (AF) / Vegetable Chilli (AF)	Bean Hash (AF) / Homemade Baked Beans with Mini Jacket Potatoes (SO <sub>2</sub> )	Bean Cassoulet (AF) / Mexican Casserole (AF)	Lentil Bake (AF) / Cauliflower and Coconut Curry (AF)	Pineapple Quinoa (AF) / Jacket Potato with Cauliflower & Broccoli (AF)
<b>Side Dish</b>	Carrots	Sweetcorn	Mixed Vegetables	Broccoli	Peas
<b>Dessert</b>	Mango Yoghurt	Apple & Cinnamon Cake	Rice Pudding	Banana & Pineapple Cake	Apple Crumble
<b>Special Diet Dessert</b>	Apples	Poached Peaches	Bananas	Pineapple Slices	Braised Apples with Raisins
<b>Afternoon Tea</b>	Chilli Chicken with Crushed Potatoes (SO <sub>2</sub> )	Jacket Potato & Filler Selection	Pork Casserole (SO <sub>2</sub> )	Whole Grain Tomato Pasta with Cheese	Tuna Pasta Bake



READY TO GO  
WILD!

COOL BUN

The Day Nursery



01268 769522

[admin@thedaynursery.org.uk](mailto:admin@thedaynursery.org.uk)

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